

CLAYTON STATE UNIVERSITY
Professional Qualification Statement for Degree/Concentration/Certificate

Date:	November 6, 2009
College/School/Department:	Arts & Sciences/ Natural Sciences
Degree/Concentration/Certificate:	Health & Fitness Management, Bachelor of Science
Coordinator:	Melanie Poudevigne, PhD, FACSM
Coordinator Responsibilities:	Work with faculty in proposing new courses and changes to the HFMG curriculum. Coordinate proposed curriculum changes for submission to the Chair, Department of Natural Sciences.
Degrees:	Ph.D. in Exercise Science, Concentration in Exercise Psychology M.S. in Exercise Physiology B.S. in Coaching & Nutrition
Experience:	5 years of college and university teaching, writing proposals for new courses; service as director of Health and Fitness Management Degree
Certifications:	ACSM CPT Sports Psychology (written passed, practical in progress) First Aid & CPR instructor – AHA & Red Cross
Courses taught at CSU:	Exercise Physiology, Physical Education, Fitness For life, Nutrition, Personal Health & Wellness, Principles of Fitness, International Health Care , Health & Fitness Management Capstone, Health & Fitness Management Internship, Health & Fitness Management, Presentational Speaking , University Foundations , Health Care , Measurements in Science, Weight Management, First Aid and CPR,

Narrative Statement of Qualifications (to be completed by chair or dean):

1. What evidence exists that the director has the qualifications and credentials for leadership in the development and review of the curriculum?

The director has a PhD in exercise sciences and an MS in exercise physiology with 6 years of experience teaching, advising and creating courses at the college or university level. She is a Fellow of the American College of Sports Medicine (ACSM) and a presenter for the certifications in Health & Fitness Specialty. She has served on curriculum committees, and has been responsible for coordinating curriculum change proposals at a variety of administrative levels. She has been designated as the site leader for The Committee on Accreditation for the Exercise Sciences (CoAES) to establish standards and guidelines for academic programs that facilitate the preparation of students seeking employment in the health, fitness, and exercise industry and to establish and implement the review of Program self-study, review, and recommendation in the USA for programs seeking CAAHEP accreditation.

2. What evidence exists that the director provides oversight for assessing the quality of the curriculum for the program and for ensuring that the curriculum and its delivery are educationally sound?

The curriculum for the Health & Fitness Management program has been in place since 2005 when the Board of Regents approved this new major. Curriculum changes include changes to prerequisites in the upper division courses, replacement of discontinued physical activity courses, addition of an optional course in sports psychology, a practicum and entrepreneurship course, and coordination with the College of Health, and the School of Business to assure continuity of this multidisciplinary program. The great majority of the students in this program take the American College of Sports Medicine Health &

Fitness Specialist Certification. This certification is the capstone experience and a reliability/validity tool to prepare for the Programmatic accreditation through CAAHEP specifically intended for Exercise Science or related Programs such as Health & Fitness Management with a professional preparation tract designed for students seeking employment opportunities in the health, fitness, and exercise industry. The director reviews student evaluations of instructors for faculty teaching in the program each semester.