

## SACS Interim Report

### Assessing Effectiveness - Counseling and Psychological Services

Counseling and Psychological Services (CAPS) utilizes Titanium Schedule, a state of the art data collection software designed specifically for record keeping at university counseling centers. In the past several years CAPS has directed significant attention and energy to conducting outreach and prevention services. These programs enable us reach students who need support for mental health concerns in order to function well academically. As a result CAPS has seen an increase in the number of students seeking services over the past five years:

<u>Academic Year</u>	<u>Individual Student Contacts</u>
2005-2006	625
2006-2007	773
2007-2008	916
2008-2009	1513
2009-2010 (through 1/31/01)	965

During 2009, 89% of students who received services stated that their experience at Counseling and Psychological Services had positively affected their chances of staying in school. 82% stated that counseling had helped them to be more successful in school.