



SAC Fitness Center

Dress Code

To minimize the spread of skin infections on upholstery and to maintain a clean facility, a full-length T-shirt with some type of sleeve is required to cover the axilla (arm pit).

Thank you in advance for your cooperation.

Shirts

YES



NO



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*Cover up your bra straps
with shirt*



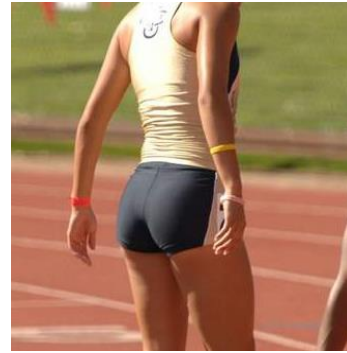
Bottoms

YES



NO

Too short!



No belts, rivets, buttons, zippers – they can rip our upholstery



Shoes

YES



NO



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Accessories

YES



Towel

If you are a heavy sweater, please bring a towel to wipe up the equipment and floor. Thank you!



IPOD or MP3 Player

NO



No talking on cell phone on the fitness floors or in Locker Rooms



For Safety - No book bags or exercise bags on the fitness floor – Please put in a locker; need a quarter; will get back!



For your protection - No Video or Pictures without permission



No Belts – Punctures upholstery

Food / Drink / Gum

YES



Water

NO

NO FOOD!



NO GUM!



NO DRINKS

