

**HFMG Academic Board Meeting Minutes**  
**Clayton State University**  
(Board Meeting Minutes: January 11, 2010)  
(9am-11am; Clayton Hall T215)

**Board Members:**

*Present:* Sandy Redderoth, Ryan Alexander, Cindy Lauer, J'maica Hunter, Christopher Black, Debbie Backus, Manning Sabatier, Michelle Furlong, Melanie Poudevigne,

*Absent:* Roodly Archer, Lisa Stone, Linda Vaughn

*Quorum present?* Yes

**Proceedings:**

· *Meeting called to order* at 9:00 a.m. by Chair, Melanie Poudevigne

**I. Welcome and Introductions.** Each member introduced themselves around the table.

**II. Mission of the Academic Advisory Board (AAB).** The Chair explained that the AAB is comprised of a group of professionals representing many employment settings, whose knowledge and experience provide insight into the continued growth of the students, the HFMG program, and the field.

**III. Roles of the AAB.** The roles of the members are:

Roles:

§ Meet annually

§ Serve for a three year term

§ Collect input

§ Identify trends in the fitness industry

§ Assist in the development of action plans

**IV. Curriculum Input (highlighted in yellow are actions that have been fulfilled in 2010).**

Manning Sabatier and Melanie Poudevigne presented the HFMG courses to the board members.

The first recommendation from the board is to **introduce EKGs in exercise testing and prescription** and to shift the contents from exercise testing into principles of fitness. The second recommendation is to **have HFMG 3970 activated** so that students can learn about group exercise leadership during their practicum junior year. The members emphasized the need to learn **KSAS for special populations in principles of fitness**. The chair opened **discussions for a minor in PT** which demanded by some HFMG students and welcomed by board members to prepare graduates in HFMG to a successful entry to PT schools in GA.

**V. Teaching Effectiveness Strategies**      The Dept Chair, Michelle Furlong explained that the HFMG program has two Budgets: one for the lab (5K) and one for the entire dept (65K) for

operations and supplies. Students on the board mentioned that some courses such as **kinesiology were not suitable as a hybrid course and desired more faculty interaction.** The board members mentioned that redundancy of contents is key and the chair assured that each KSA is viewed at least twice during the junior and senior years. Furlong introduced the Center for Academic Success where students can find tutoring and additional academic assistance.

**VI. Student Enrollment Strategies.** Furlong talked about involving **HFMG faculty in science fairs as judges** based on the exercise projects that students present. Students on the board expressed an interest in going to **present the program to High Schools** and thought that the addition of a minor in physiotherapy would help enrollment into the program.

**VII. HFMG faculty Research** Poudevigne and Sabatier presented their research interests and collaborations with board members and students.

**VIII. COAES accreditation** Poudevigne mentioned that the self-study was being created and the site visit should happen in 2010. Board members would be invited to campus one more time in 2010 to meet the site visit leaders for COAES.

**IX. Others.** Debbie Backus mentioned the post-rehabilitation clinic at Shephard hospital as a potential internship site for HFMG seniors if they wish to volunteer in the “beyond therapy program”. Cindy Lauer expressed the desire to have **interns at the SAC fitness center on campus delivering free fitness testing during their capstone course.**

**IX. Next Meeting.** Poudevigne set the next board meeting to January 2011.

**X. Visit of the new HFMG lab.** Furlong, Sabatier, and Poudevigne introduced the board members to the new lab for the HFMG program and the members were impressed with its size and research potential.

- Meeting adjourned at 10:45am.
- Minutes submitted by Melanie Poudevigne