

HFMG undergraduate program two years course planner

HFMG COURSE PREFIX	COURSE NAME	SPRING	SUMMER	FALL
HFMG 1101	Survey-Health & Fitness Prof.	✓		✓
HFMG 2110	First Aid & CPR	✓	✓	✓
HFMG 3101	Kinesiology	✓		✓
HFMG 3102	Exercise Physiology	✓	✓	✓
HFMG 3110	Personal Health & Wellness	✓	✓	✓
HFMG 3121	Injury Prevention & Rehab	✓	✓	✓
HFMG 3130	Principles of Fitness	✓		✓
HFMG 3140	Exercise Testing & Prescript.			✓
HFMG 3382	Substance Use in Health Fitness	✓	✓	✓
HFMG 4060	Personal Nutrition for Health	✓	✓	✓
HFMG 4110	Health Fitness Management	✓		✓
HFMG 4400	Exercise & Sport Psychology	✓	✓	✓
HFMG 4970	Health & Fitness Internship/Pr	✓	✓	✓
HFMG 4999	Health & Fitness Mgmt Capstone	✓		✓

HFMG 3970, practicum in health & fitness management and 4800, selected readings in health & fitness, are offered on demand.

The two year course planner shows the courses planned for the next two years. The courses listed are subject to change. For any information, please contact the HFMG director at 678-466-4937