

### What Can I Do With A Major In.....Health and Fitness Management?

**Major Description:** The Health and Fitness Management (B.S.) program at Clayton State prepare students for a variety of entry and mid-level management positions within the broad field of health and fitness.

<b>Some Related Job Titles*</b>	<b>Possible Employers</b>	<b>Additional Resources for more information:</b>
Aquatics Instructor/Manager Assistant General Manager Athletics <u>or</u> Program Manager Fitness Director Fitness Instructor Front Desk Manager General Manager Group exercise Instructor Health Educator Personal Trainer Pilates/Yoga Instructor Researcher Sales Representative Sporting Goods Manager Strength and Conditioning Coach Summer Camp Director Teacher	Athletic Associations Clinical and Corporate Healthcare Program College/Universities County Board of Health County Parks and Recreations Elder care center Exercise Equipment Manufacturers Federal fitness programs Health Care Facilities (hospitals, clinics) Local Gyms (i.e. LA Fitness) Local Spas Mental Health Hospitals/Centers Non-profit agencies Public and Private Schools Summer Camp Providers YMCA/YWCA	Clayton State University homepage <a href="http://www.clayton.edu/hfmg">http://www.clayton.edu/hfmg</a>  Books-Career Services Library  Occupational Outlook Handbook <a href="http://www.bls.gov/ooh/">http://www.bls.gov/ooh/</a>  O*NET <a href="http://www.onetonline.org/">http://www.onetonline.org/</a>  FOCUS 2 <a href="https://www.focus2career.com/Portal/Login.cfm?SID=933">https://www.focus2career.com/Portal/Login.cfm?SID=933</a> (use the access code "lakerpride" to create an account)

**Primary Skills Needed:** listening, verbal communication, interpersonal, critical thinking, an ability to motivate others, organize people & tasks, needs assessment, and identify resources

\* This list is a sample of options. There are many more titles and employers from which to choose, this is just a sample of a few. When considering job titles for yourself, consider *your* **skills, knowledge, and experience level**. If you are unaware of your personal skill set, schedule a meeting with a career counselor at the phone number listed above. We look forward to helping you discover your "best fit" in a career based on your interests.