

**Counseling and Psychological Services Goals for 2012-2013  
End-of-Year Report**

	<b>Completion Deadline</b>	<b>Updates</b>
<b>Provide group counseling services to students</b>		
1. Identify appropriate clinical staff to provide group services, and the types of groups to be offered	June 2013	Accomplished <ul style="list-style-type: none"> <li>• Two groups conducted during fall semester</li> <li>• One group spring semester (decrease due to staff changes)</li> <li>• General psychotherapy groups for CAPS clients</li> </ul>
<b>Implement relaxation/biofeedback services</b>		
1. Arrange space to accommodate service	In process	Partially accomplished <ul style="list-style-type: none"> <li>• Attempted to utilize current space for biofeedback/relaxation services</li> <li>• Determined that current space is not appropriate</li> </ul>
2. Obtain training for staff on biofeedback system	Dec 2012	Accomplished <ul style="list-style-type: none"> <li>• All staff received training</li> </ul>
3. Plan strategies for scheduling services	Dec 2012	Accomplished <ul style="list-style-type: none"> <li>• Plans are in place to implement when space is arranged</li> </ul>
<b>Maximize use of physical and human resources</b>		
1. Complete process of hiring another counselor (position allocated through Budget and Planning Council)	Dec 2012	Accomplished <ul style="list-style-type: none"> <li>• Hiring process for new counselor completed</li> <li>• Began employment in December 2012.</li> </ul>
2. Evaluate newly designed space to determine most effective layout and use	Ongoing	Accomplished and ongoing <ul style="list-style-type: none"> <li>• Reassigned office spaces</li> <li>• Will continue adjusting as University allocates additional space</li> </ul>
3. Request additional space as needed	May 2012	Accomplished <ul style="list-style-type: none"> <li>• Presented space request to Facilities Advisory Committee</li> <li>• Received approval to expand departmental area</li> </ul>