READING, THE MOST DANGEROUS GAME


READING is an intimate act, perhaps more intimate than any other human act. I say that because of the prolonged (or intense) exposure of one mind to another that is involved in it, and because it is the level of mind at which feelings and hopes are dealt in by consciousness and words.

Reading a good book is not much different from a love affair, from love, complete with shyness and odd assertions of power and of independence and with many sorts of incompleteness in the experience. One can marry the book: reread it, add it to one's life, live with it. Or it might be compared to pregnancy - serious reading even if you're reading trash: one is inside the experience and is about to be born; and one is carrying something, a sort of self inside oneself that one is about to give birth to, perhaps a monster. Of course, for men this is always verging on something else (part of which is a primitive rage with being masculine, a dismay felt toward women and the world, a reader's odd sense of women).

The act of reading as it really occurs is obscure: the decision to read a book in a real minute, how one selects the book, how one flirts with the choice, how one dawdles on the odd path of getting it read and then reread, the oddities of rereading, the extreme oddities of the procedures of continuing with or without interruptions to read, getting ready to read a middle chapter in its turn after going off for a while, then getting hold of the book physically, having it in one's hand, letting one's mind fill with thoughts in a sort of warm-up for the exercise of mind to come - one ruffles through remembered scenes from this and other books, one diddles with half-memories of other pleasures and usefulnesses, one wonders if one can afford to read, one considers the limitations and possibilities of this book, one is humiliated in anticipation or superior or thrilled in anticipation, or nauseated in retrospect or as one reads. One has a sense of talk and of reviews and essays and of anticipation or dread and the will to be affected by the thing of reading, affected lightly or seriously. One settles one's body to some varying degree, and then one enters on the altered tempos of reading, the subjection to being played upon, one passes through phases, starting with reacting to or ignoring the cover of the book and the opening lines. THE piercing things, the stabbingly emotional stuff involved in reading, leads to envy, worse even than in sibling or neighborhood rivalry, and it leads to jealousy and possessiveness. If a book is not religious or trashy, the problem of salesmanship, always partly a con, arises in relation to it, to all the problems it presents. A good reader of Proust complains constantly as a man might complain of a wife or a
woman of her husband. And Proust perhaps had such a marriage in mind with the reader. A good book, like pregnancy or a woman known to arouse love, or a man, is something you praise in the light of a general reluctance to risk the experience; and the quality of praise warns people against the book, warns them to take it seriously; you warn them about it, not wanting to be evangelical, a matchmaker or a malicious pimp for a troubled and troubling view of the world.

I can't imagine how a real text can be taught in a school. Even minor masterpieces, "Huckleberry Finn" or "The Catcher in the Rye," are too much for a classroom, too real an experience. No one likes a good book if they have actually read it. One is fanatically attached, restlessly attached, criminally attached, violently and criminally opposed, sickened, unable to bear it. In Europe, reading is known to be dangerous. Reading always leads to personal metamorphosis, sometimes irreversible, sometimes temporary, sometimes large-scale, sometimes less than that. A good book leads to alterations in one's sensibility and often becomes a premise in one's beliefs. One associates truth with texts, with impressive texts anyway; and when trashy books vanish from sight, it is because they lie too much and too badly and are not worth one's intimacy with them. Print has so much authority, however, that sometimes it is only at the beginning of an attempt at a second reading or at the end of it, and only then, if one is self-assured, that one can see whether a book was not really worth reading the first time; one tells by how alterable the truth in it seems in this more familiar light and how effective the book remains or, contrarily, how amazingly empty of meaning it now shows itself to be. It is a strange feeling to be a practiced enough reader and writer to see in some books that there is nothing there. It is eerie: why did the writer bother? What reward is there in being a fraud in one's language and in one's ideas? To believe they just didn't know is more unsettling than to doubt oneself or to claim to be superficial or prejudiced or to give up reading entirely, at least for a while.

Or, in our country, we deny what we see of this and even reverse it: fraud is presented as happiness; an empty book is said to be well constructed; a foolish argument is called innovative. This is a kind of bliss; but lying of that sort, when it is nearly universal, wrecks the possibility of our having a literary culture or even of our talking about books with each other with any real pleasure. It is like being phony yachtsmen who only know smooth water and who use their motors whenever they can. This guarantees an immense personal wretchedness, actually.

Of course, in Europe, cultural patterns exist which slow the rate of change in you as a reader (as well as supplying evidence to use in comprehending what happens and will happen to you if you change because of a book). Of course, such change is never entirely good or wise. In our country, we have nothing to hold us back from responding to any sort of idea. With us everything is for sale - everything is up for grabs, including ourselves - and we have very little tradition worth hanging onto except the antic. The country is organized not by religion or political machinery but by what are seen as economic realities but which are fashions in making money and spending money. We are an army marching in the largest conceivable mass so entirely within cultural immediacy that it can be said this is new in the history in the world, emotionally new in that while this has been true of other cultures for brief periods in the past, it was never true as completely or for such a large part of the population or so continuously, with so
few periods of stasis. We pretend to tradition but really, nothing prevents us changing.
AND we do change.

Divorce, born-again Christianity, the computer revolution, a return to the farm, a move to
the city. In Boston, at college at Harvard, I first knew people who claimed to be
cultivated to the degree they remained unchanged not only in spite of the reading they
claimed to have done but with the help of it. They did not realize what an imbecile and
provincial notion that was - it was simply untrue: you could see it, the untruth of it. A rule
of thumb about culture is that personal or public yearning for a better time to come or
one in the past and nostalgia of any sort are reliable signs of the counterfeit. The past is
there to be studied in its reality, moment by moment, and the future can be discussed in
its reality to come, which will be a reality moment by moment; but doing that means
being honest just as doing it makes you too busy to yearn; and doing it shows you that
nostalgia is a swindler's trick. A sense of the real is what is meant by good sense. And
because of the nature of time and because of how relentlessly change occurs, good
sense has to contain a good deal of the visionary as well as of ironic apology to cover
the inevitable mistakes. And this is doubly so with us, in the United States. Reality here
is special. And part of reality here or elsewhere is that novels, plays, essays, fact
pieces, poems, through conversion or in the process of argument with them, change
you or else - to use an idiom - you haven't listened.

If the reader is not at risk, he is not reading. And if the writer is not at risk, he is not
writing. As a rule, a writer and a book or a poem are no good if the writer is essentially
unchanged morally after having written it. If the work is really a holding operation, this
will show in a closed or flat quality in the prose and in the scheme of the thing, a
logiclessness, if you will pardon the neologism, in the writing. Writing always tends
toward a kind of moral stance - this is because of the weight of logic and of truth in it -
but judging the ways in which it is moral is hard for people who are not cultivated.
Profoundly educated persons make the best judges. THE general risk in being a man or
woman of cultivation is then very high, and this is so in any culture, and perhaps
requires too much strength for even a small group to practice in ours. But should such a
guerrilla group arise, it will have to say that cultivation and judgment issue from the
mouths of books and can come from no other source. Over a period of centuries,
ignorance has come, justifiably, to mean a state of booklessness. Movie-educated
people are strained; they are decontextualized; they are cultivated in a lesser way.
Television and contemporary music are haunted by the search for messiahs; the usual
sign of mass inauthenticity is a false prophet (which usually means a war will shortly
break out and be lost). The absence of good sense signals the decline of a people and
of a civilization. Shrewdness without good sense is hell unleashed.

I would propose as a social cure that in fourth grade and in the first year at college, this
society mandate that we undergo a year of reading with or without argument as the soul
can bear, including argument with teachers and parents and local philosophers if there
are any. Of course something like this happens anyway but we probably ought to
institutionalize it in our faddish way.

After all, if you don’t know what’s in good books, how can your life not be utterly
miserable all in all? Won’t it fall apart with fearsome frequency? The best of what this
species knows is in books. Without their help, how can you manage?
If I intend for my life to matter to me, I had better read seriously, starting with newspapers and working up to philosophy and novels. And a book in what it teaches, and in what it does in comforting and amusing us, in what it does in granting asylum to us for a while, had better be roughly equivalent to, or greater in worth than, an event involving other people in reality that teaches us or that grants us asylum for a while in some similar way, or there is no reason to bother with it. And I am careful toward books that offer refuge to my ego or my bad conscience. A writer who is opposed to notions of value and instruction is telling you he or she does not want to have to display loyalty or insight or sensitivity - to prose or to people: that would limit his or her maneuverability; and someone who does not believe that loyalty or insight or sensitivity or meaning has any meaning is hardly worth knowing in books or on the page although such people are unavoidable in an active life.

The procedures of real reading, if I may call it that, are not essentially shrewd, although certain writers, Twain and Proust for instance, often do play to the practice of shrewdness in their readers. But the disappearance from the immediate world of one's attention, that infidelity to one's alertness toward outside attack, and then the gullibility required for a prolonged act of attention to something not directly inferior to one's own methods and experiences, something that emanates from someone else, that and the risk of conversion, the certainty that if the book is good, one will take on ideas and theories, a sense of style, a sense of things different from those one had before - if you think of those, you can see the elements of middle-class leisure and freedom, or upper-class insolence and power, or lower-class rebelliousness and hiddenness and disloyalty to one's surroundings, that are required for real reading.

And you can also see what the real nature of literature is - it is a matter of one's attention being removed from the real world and regarding nature and the world verbally: it is a messy mathematics in its way; it is a kind of science dealing in images and language, and it has to be right in the things it says; it has to be right about things.

I learned very early that when you were infatuated with someone, you read the same books the other person read or you read the books that had shaped the other person or you committed an infidelity and read for yourself and it was the beginning of trouble. I think reading and writing are the most dangerous human things because they operate on and from that part of the mind in which judgments of reality are made; and because of the authority language has from when we learn to speak and use its power as a family matter, and from when we learn to read and see its modern, middle-class power as a public matter establishing our rank in the world. When a book is technically uninteresting, when such a book is not a kind of comically enraged protest against the pretensions of false technique and ludicrously misconceived subject matter, it is bound to be a phony. The democratic subversion of objects, of techniques, can never without real dishonesty stray far from its ostensible purpose, which is the democratic necessity of making our lives interesting to us. Folk art is, inevitably, a kind of baby talk in relation to high art - and this is shaming, but so is much in life, including one's odor giving one's secrets away (showing one's nervousness or one's lechery), but it is better to do that than live messageless and without nerves or desire. The moral extravagance of reading - its spiritual element and its class element - is bound to reflect
both an absence of humility and a new kind of humility and both in odd ways. Two of our most conceited writers, Gertrude Stein and Ernest Hemingway, overtly wrote baby talk. Nowadays the young like financial reporting as a window on the world, and television and the interview. They are pursuing fact in the plethora of baby talk, and they are trying to exercise judgment in the middle of the overenthusiastic marketing of trash. AMERICAN colleges have taught our intellectuals to read politically in order to enter and stay in a group or on a track. One reads skimminly then, and one keeps placing the authority for what one reads outside oneself. But actually people cannot read in a two-souled way, shrewdly, and with a capacity to feel and learn. Learning involves fear and sometimes awe and just plain factually is not shrewd - it is supershrewd if you like, it is a very grand speculation indeed; and graduate school stuff won't open out into awe and discovery or recognition or personal knowledge of events but only onto academic hustling. I mean when you stop theorizing and think about what is really there. Do I need to go on? One of the primary rules of language is that there must be a good reason for the listener to attend to a second sentence after the first one; to supply a good reason is called "being interesting." Not to attend to the second sentence is called "not listening." The reasons to listen are always selfish, but that does not mean they are only selfish.

It is hard to listen. It is also hard to write well and to think. These ought not to be unfamiliar statements. This ought not to be news.

See you in the bookstores soon.

Copyright New York Times Company Nov 24, 1985