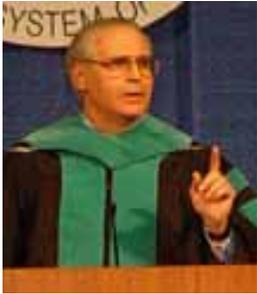


“Don’t Stop Now” Professor May Tells Clayton State’s Largest Fall Graduating Class

by John Shiffert, University Relations



Dr. Gary L. May

The message to Clayton College & State University’s sixth – and largest – fall graduating class was simple – don’t stop now.

The message, and the Commencement address, was delivered by Assistant Professor of Management Dr. Gary L. May, the winner of the University’s 2004 Alice Smith Faculty Award. May has taught in the School of Business at Clayton State since the 2000 fall semester.

As evidence of the growth of both the University’s academic programs and student body, some 450 individuals were eligible to

participate in the Dec. 16 ceremony in the Athletics & Fitness Center. Approximately 250 graduates “walked.”

Calling teaching at Clayton State “the fulfillment of a lifelong calling,” May emphasized right up front that his address would have only one topic — lifelong learning. “The point is, don’t stop now,” he said. “Let me be very practical here and give you the motivation for being a continuous learner. It’s very simple: your paycheck depends on it. Learn to earn. If you want to earn the type of money to support the life style to which you hope to become accustomed, and if you hope to advance in your career, you will have to be a continuous learner.

“So, don’t stop now.”

As the first corporate individual to ever hold the job title “Chief Learning Officer,” May

is well-equipped to speak on lifelong learning and its significance to success in the work force. Prior to coming to Clayton State, May was previously senior vice president and chief learning officer for Millbrook Distribution Services in Leicester, Ma. Prior to that, he was director of Training & Management Development at McKesson Service Merchandising in Harrison, Ark. However, May started his career in Morrow, in the family food store distribution business, May & Company, Inc., in 1968. A consultant on communication competencies and leadership development, May holds a B.A. in Business Administration from Duke University, and an M.S. and Ph.D. in Human Resource Development from Georgia State University.

“So, take a few days off. Put the textbooks

Fall Graduation, cont’d., p. 10

Inside

Departments:

Across the Campus	4
Development/Alumni	5
Arts Page	6
Trivia Time	11
Sports	12

In This Issue:

Congressman John Lewis to Speak at Jan. 18 MLK event	2
Clayton State Hosts Jan. 17 Freedom Run	7
New Financial Aid Staff	7
Personal Trainer Workshop	7
Tapping into TAP	9
Get into Shape at SmartBodies	10

SACS Reaffirms Clayton State’s Accreditation

On Tuesday, Dec. 7, Clayton State President Dr. Thomas K. Harden had the opportunity to announce to the campus the news everyone had been expecting for months – that the Commission on Colleges of the Southern Association of Colleges and Schools (SACS) had reaffirmed the accreditation of Clayton College & State University. The SACS reaffirmation follows the University’s regularly-scheduled 10-year review and is good for a 10-year period.

“Congratulations and thanks go to all that participated in the numerous activities that resulted in the outstanding achievement of Clayton College & State University,” he said of the end result of what was the University’s top priority for the year. Among those who commented on the reaffirmation were several faculty and staff who did indeed play a major role in this “outstanding achievement.”

“Working on SACS reaffirmation during the early phase of the process was a rewarding experience,” says Director of Career Services Angelyn Hayes, who worked on the Compliance Certification. “I learned first hand about the good work and cooperative spirit that flourish throughout this campus community.”

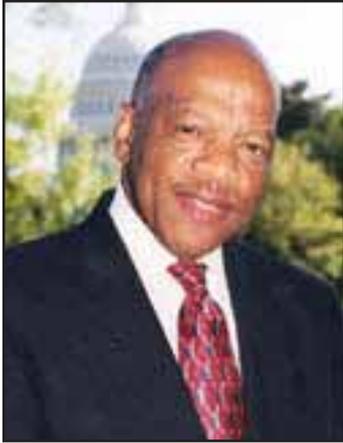
“Our reaffirmation is a reminder to all of us that Clayton College & State University is a special place to work and go to school,” adds Associate Provost Dr. James E. Mackin.

The announcement of Clayton State’s reaffirmation came at the closing business meeting of the 109th Annual Meeting of the Commission on Colleges in Atlanta on the morning of

SACS, cont’d., p. 2

Congressman John Lewis to Speak at Clayton State's Fifth Annual MLK Commemorative Event

by John Shiffert, University Relations



Congressman John Lewis

A second keynote address has been added to Clayton College & State University's Fifth Annual Martin Luther King Day Commemorative Event. United States Congressman John Lewis, one of the pioneers of the Civil Rights movement, will deliver the Event's first keynote address on Tuesday, Jan. 18, 2005 at 7:30 p.m. in Spivey Hall, on the Clayton State campus.

Dr. Mary Frances Berry, chairperson of the U.S. Commission of Civil Rights since November 1993, will deliver the Event's

second keynote address for Clayton State's annual remembrance of Dr. King and his work at 7 p.m. on Jan. 20, 2005, also in Spivey Hall on the University's main campus in Morrow. Both keynote addresses are free and open to the public, although seating is limited to 400 on a first-come, first-serve basis.

The theme of Clayton State's 2005 MLK Event, which will run from Jan. 17 to Jan. 26 and will include the Third Annual Freedom Run 5K and 10K (Jan. 17), a Clayton State Student Dialogue with Berry (Jan. 20) and a Campus Dialogue (Jan. 27) is, "Reconciliation and Unity: The Role of Civil Rights in Civic Engagement."

Described as "One of the most courageous persons the Civil Rights movement ever produced," Lewis has dedicated his life to protecting human rights, securing personal dignity and building what he calls "The Beloved Community." He has displayed a sense of ethics and morality that has won him the admiration of many of his colleagues in the United States Congress.

SACS, from p.1

Dec. 7, and marked the conclusion of more than a year of effort by virtually every member of the Clayton State faculty and staff. The culmination of the Clayton State community's participation in the reaffirmation process took place during the week of Apr. 12, 2004, when SACS made its decennial visit to the campus.

"Since everyone at Your University has been living and working with our SACS Reaffirmation Process for many months now, I would like to take this opportunity to give you a brief report on both our just-concluded on-site committee visit, and how the process of reaffirmation will continue from this point.," said Harden at that time. "To be as succinct and accurate as possible... overall, we had a very, good SACS visit. Although there is still a lot to do, we had a very good preliminary report."

Following the SACS visit, the University received a written report on the results of the visit from SACS. Clayton State's written response to the report went back to SACS in September, after

Lewis was born the son of sharecroppers on Feb. 21, 1940 outside of Troy, Ala. He grew up on his family's farm and attended segregated public schools in Pike County, Ala. He holds a Bachelor of Arts Degree in Religion and Philosophy from Fisk University; and he is a graduate of the American Baptist Theological Seminary in Nashville.

One of the original "Freedom Riders" in 1961, Lewis from 1963 to 1966 was the chairman of the Student Nonviolent Coordinating Committee (SNCC), which he helped form, during the height of the Civil Rights Movement. By 1963, he was recognized as one of the "Big Six" leaders of the Civil Rights Movement... the others being Whitney Young, A. Phillip Randolph, Martin Luther King Jr., James Farmer and Roy Wilkins. He was also one of the planners and a keynote speaker at the historic "March on Washington" in August 1963.

On Mar. 7, 1965, along with fellow activist Hosea Williams, Lewis led more than 600 marchers across the Edmund Pettus Bridge in Selma, Ala. State troopers attacked the marchers in a confrontation that became known as "Bloody Sunday." That fateful march and a subsequent march between Selma and Montgomery, Ala. led to the Voting Rights Act of 1965.

In 1977, Lewis was appointed by President Jimmy Carter to direct more than 250,000 volunteers of ACTION, the federal volunteer agency. His first electoral success came in 1981, when he was elected to the Atlanta City Council. He resigned from the Council in 1986 to successfully run for Congress.

Lewis represents Georgia's Fifth Congressional District, encompassing the entire city of Atlanta and parts of Fulton, DeKalb, Clayton and Cobb counties. He is currently serving his ninth term in office. ■

which it was reviewed by SACS in October and November. The reaffirmation of the University's accreditation then followed at the SACS annual conference.

"There was never any question in my mind that CCSU deserved to have its accreditation reaffirmed. But I wasn't absolutely sure we had communicated that clearly to the COC," says Dr. Annita Hunt. "It's a great relief to know that we did. Thanks to everyone who contributed to the success of the QEP."

"This is a pleasant, but not surprising, end to a long journey," adds Dr. James R. Braun. "The wonderful faculty, staff and student body should be very proud of this accomplishment."

Reviewing some of the highlights of the SACS visit... the on-site committee accepted Clayton State's QEP with three conditions. 1)

Clayton State Prepares For Winter Weather

It was flurrying in Ellijay on Dec. 14, and that's enough to have Clayton State getready for any winter weather that might occur over the next few months.



In case of such an occurrence, Clayton State faculty and staff are urged to turn first to WSB-AM, at 750 on the dial, for information on potential closing. All four local television stations (ABC, CBS, NBC, Fox) that report on school closings will also be contacted, along with several other radio stations (see below.)



During emergency weather situations, information about Clayton State's plans will also be available on the University's web page (www.clayton.edu) and through the University's main telephone number (770-961-3400).



Radio stations contacted will include; WSB-AM, B-98.5 FM, KISS 104.1 FM, 97.1 JAMZ, 95.5 The Beat, WGST-AM, WKLS-FM, WMXV-FM, WPCH-FM, WSTR-FM, WQXI-AM, WSSA-FM, WNNX-FM and WKHX-AM/FM.



Please do not call the Office of Public Safety to see if the campus is closed – this interferes with their ability to collect needed information about the conditions. ■



Administrative Assistant in the School of Health Sciences Jamye Sanders (pictured above) continues her 545 day service in the U.S. Army in mission Iraqi Freedom. She was deployed Oct. 4, 2004. Keep her in your thoughts and prayers this holiday season.

President's Student Assistant Named to Dance Board

by Gina Finocchiaro, University Relations

Destinee Means, student assistant to Clayton State President Dr. Thomas K. Harden, was recently named to the Board of Directors for the Full Radius Dance Company and the Furniture Bank of Metro Atlanta.

As a director, Means will be responsible for event planning, fundraising, and obtaining sponsors and volunteers. Means is also on the board of Southern Crescent Habitat for Humanity and the Society for Human Resource Management. She is also the past president of the Clayton State division of the American Humanics Student Association.

Since she was voted in, Means has begun developing a paid internship with the Furniture Bank of Metro Atlanta for students of the American Humanics Student Association. She is also working with the cho-



reographer of the Full Radius Dance Company for their current productions.

The Full Radius Dance Company is a nonprofit organization that incorporates traditional dance for disabled dancers. Members produce annual productions and visit community centers to show how they have overcome their obstacles.

"It really makes you look beyond what you see," says Means.

Means will be graduating this semester with a Bachelor's of Applied Science in Administrative Management. Last year she received an Associate's Degree in Paralegal Studies from Clayton State and plans to attend law school in the future. Means lives in Riverdale, Ga. ■

Across the Campus

Arts & Sciences

The deadline for submissions for both *Cygnets* Literary Arts Magazine and POETRYPALOOZA student Poetry contest has been extended until Tuesday, Jan. 11! *Cygnets*, Clayton State's journal of art and literature, is seeking poetry, short fiction, essays, and art for its second annual issue. Turn your work in (typed and with your name and contact information included on a separate page) to Jill Sears in Arts & Sciences G-210 by Jan. 11. Also, please submit 3 copies of each poem or two copies of each story. Poetry, short fiction, and essays should be single spaced, although there is some flexibility in regard to poetry. All submissions must be typed in Times New Roman with a font size of 12. All poetry will also be entered into the Poetrypalooza Student Poetry Contest, unless you specify otherwise. For further information, contact Dr. David Ludley at davidludley@mail.clayton.edu. If you would like a copy of last year's *Cygnets*, come to Dr. Ludley's office in A&S 105H. Entries are restricted to registered CCSU students. Submitters grant CCSU the right to first printing and the right to publish and archive electronically.

Auxilliary Services

Auxiliary Services operational hours for the week of Dec. 20 are as follows: University Bookstore & Laker Card Center - Monday through Thursday - 8 a.m. to 5 p.m. Closed Friday. Dining Services - Monday through Thursday - 7:45 a.m. to 2 p.m. Closed Friday. Please note that all Auxiliary units will be closed from 1 p.m. to 3 p.m. on Wednesday Dec. 22.

Campus Review

Starting in January 2005, Campus Review will start a new column that identifies significant accomplishments of the children of faculty and staff. Faculty and staff members are asked to submit suggestions on behalf of their colleagues regarding honors or accomplishments of those colleagues' offspring. The column will feature one such child (be they youth or adults) each issue. Please send your nominations to johnshiffert@mail.clayton.edu.

Center for Academic Assistance

The University's Center for Academic Assistance (CAA) and the faculty of Clayton State presented the second annual fall semester Final Exam Tutoring Blitz on Dec. 7 and 8. Faculty taking part included; Jim Braun, Steve Burnett, Kitty Deering, Susan Hornbuckle, David Ludley, Bill Pasch, Shirley Stone, Patricia Todebush, Ted Walkup, Elaine Green, Cathie Aust, Robert Marcus, Angie Wade, Melanie Poudevigne and Michael Deis.

Financial Aid

Kacie Hoard and her husband Jason are the proud parents of Serai Elise Hoard, who was born on Dec. 3. She weighed seven pounds and was 18 inches long. Kacie Hoard is a Financial Aid Representative in the Financial Aid Office. The Financial Aid Office has two more babies on the way - Rhonda Brown, Financial Aid Representative, is expecting a baby girl in late January and Melissa Belle, Assistant Director, is expecting a baby boy in late March.

Human Resources

As was the case last year, Clayton State is planning on shutting its doors on Friday, Dec. 24. In order to facilitate this process, all eligible employees are asked to take either a vacation day or, where appropriate, use compensatory/discretionary time. Also, please be advised that Clayton State will not have an official New Year's Day holiday for 2005 since the University's Winter Break is from Dec. 27 to Dec. 31, and New Year's Day is on a Saturday. Instead, Dec. 23, 2005, will be one of the 12 official Clayton State Holidays for Calendar Year 2005.

Library

The Clayton State Library will maintain regular hours through Saturday, Dec. 18, 2004, closing at 4 p.m. that day. The Library will reopen on Monday, Dec. 20 at 8 a.m. From Dec. 20 to Dec. 23 the Library will be open from 8 a.m. to 5 p.m. daily. The Library will close for Winter Break at 5 p.m. on Dec. 23 and will reopen on Monday, Jan. 3, 2005 at 8 a.m.

The Clayton State Library has recently added the H.W. Wilson full-text databases and the *Facts on File* database. These databases will greatly increase the resources for our students, faculty and staff. These databases are not provided through GALILEO funding, but through Clayton State Library funds.

Music

Dr. Kurt-Alexander Zeller, Clayton State director of Vocal Activities and Opera, wowed the audience at Albright College in Reading, Pa., on Friday, Dec. 3 with his performance with New Trinity Baroque of the opera "La Serva Padrona." Here's what the *Reading Eagle* (which gave the entire performance a rave review) had to say about Zeller's performance, "Zeller was impish and madcap in the style of Harpo Marx, especially when Vespone disguised himself as Serpina's violent suitor."

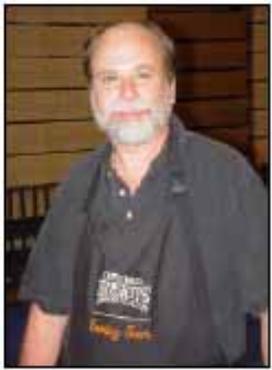
Nursing

The Clayton State Department of Nursing held its December 2004 BSN Recognition Ceremony on Wednesday, Dec. 15. "This ceremony recognizes the achievement of the 15 graduates that have successfully completed the Bachelor's of Science in Nursing degree," says Dr. Deborah Clark, associate dean for Nursing. "The graduates will be eligible to sit for the nursing licensure exam in 2005." The keynote speaker for the event, as selected by the graduates, was Clayton State Assistant Professor of Nursing Dora Weir.

School of Technology

Joan Bass would like to congratulate the School of Technology for the fantastic response to the charity drive for Noah's Ark. "We have currently received \$920. If you have not yet donated and would like to do so, please get your contribution to me ASAP," she says. "Thanks to all of you for your caring spirit at Christmas and always."

Development/Alumni



Robert W. Lee

SouthSide Seafood Named 2004 Small Business of the Year by Clayton County Chamber of Commerce

by Leigh Duncan, University Relations

On Nov. 4, at the annual Clayton County Small Business of the Year Luncheon, SouthSide Seafood Company, Inc., was named 2004 Small Business of the Year by the Clayton County Chamber of Commerce for the second time in a decade.

SouthSide Seafood Company, located in Lake City, Ga., was founded in 1987 by Robert W. Lee, currently chairman of the Board of Trustees of the Clayton College & State University Foundation, and a resident of Stockbridge, Ga. Working together for more than a decade, Lee and co-owner Steve Stanley deliver SouthSide Seafood Company's fresh, frozen, and live seafood products seven days a week to points throughout the Southeast United States and markets as far east as Germany and as far west as Thailand. Stanley was at first a customer of SouthSide Seafood Company when he served as general manager of Fisherman's Cove in downtown Atlanta. He liked the product so much he bought into the company as vice president.

A multi-faceted corporation, SouthSide Seafood Company includes a seafood market, restaurant, and catering division. As a preferred vendor with several nationally recognized restaurants and retail supermarket chains, SouthSide Seafood Company holds tremendous purchasing power, enabling them to bring the very best seafood product to their customers at very reasonable costs.

In 1994 SouthSide Seafood Company was honored for the first time as the Clayton County Chamber of Commerce Small Business of the Year. In addition, the State of Georgia adopted Resolution #617, which recognized the company and its employees for their dedication to the community. Nationally, SouthSide Seafood Company has received positive media coverage on television's The Today Show.

SouthSide Seafood Company has provided fresh seafood to numerous Hollywood motion picture sets such as *In The Heat of The Night*, *Touched By An Angel*, *Lonesome Dove*, *Twister*, *Free Willy*, *Tom Hanks' The Castaways*, and *The Big Fish* starring Jessica Lang and Danny DeVito. *The Big Fish* was filmed on location in Montgomery, Al., and SouthSide Seafood was responsible for transporting fresh seafood to the set where For Stars Catering, a premier motion picture catering company based in Los Angeles, prepared gourmet meals for the cast, crew, and sometimes up to 800 extras, three times a day.

"For Stars Catering has a reputation to produce an unending variety of favorite standards and trend setting tastes," says Lee. "Part of their success is due to their sourcing of specialized food purveyors, such as SouthSide Seafood Company, who will take the necessary time and effort on a consistent basis to ensure they receive the very best product in the world."

Business, cont'd, p. 6

Alumna Heather Manley to Receive Georgia Power New Teacher Assistance Grant

According to Dr. Linda Broughton, coordinator of Educational Field Experiences for the Clayton State Department of Teacher Education, Georgia Power Company has selected Heather Manley, Clayton State class of 2004, and currently a first year teacher at Luella Elementary School, to receive a \$1000 new teacher assistance grant.

Nominations were received from each of the 15 public colleges and universities in Georgia that have Schools of Education. Each candidate had to be in the top 25 percent of their class academically, has to be a first-year teacher currently employed by a public

school in the state of Georgia, and has to have shown high aptitude for teaching.

The purpose of the grant is to encourage some the best and brightest new teachers by helping them purchase additional materials and supplies for use in their classroom beyond those provided by their school.

"This grant will in no way decrease the funding they receive from their school district, but is a supplement to help as they start their career in teaching," says Broughton.

An awards luncheon will be held on Saturday, Jan. 29, 2005 at the Georgia Power Cor-

poration Headquarters. Members of the immediate family, the dean of the school that nominated them, and each principal and superintendent will be invited to attend. ■



Arts Page

Upcoming at Spivey Hall

CHANTICLEER, choral

Friday and Saturday, January 21 & 22 at 8:15 p.m.
Praised by the New York Times for, "precise, pure and deeply felt singing," Chanticleer has established a remarkable reputation for vivid interpretation of vocal literature from Renaissance to jazz, and from gospel to adventurous new music. This Grammy Award-winning ensemble tours extensively throughout the United States and Europe and will perform two nights at Spivey, one of their favorite places to sing.

www.chanticleer.org

LEIF OVE ANDSNES, piano

Sunday, January 23 at 3 p.m.
"The most interesting pianist of his generation," (New York Times) celebrated Norwegian pianist Leif ove Andsnes returns to Spivey Hall just 3 days after his eagerly anticipated Carnegie Hall appearance. Highlights of the performance include Mussorgsky's *Pictures at an Exhibition* and a world-premiere by Danish composer Bent Sorenesen.

www.andsnes.com



Faculty and staff receive a 20 percent discount to every Spivey Hall event. For tickets or more information, call the box office at extension 4200, or visit www.spiveyhall.org.

WYCLIFFE GORDON QUINTET, jazz

Saturday, January 29 at 8:15 p.m.
Wycliffe Gordon, the hard swinging, straight ahead jazz trombonist, tours extensively with his own ensemble and has collaborated with all the best jazz musicians from Wynton Marsalis to Dizzy Gillespie and Shirley Horn. But he is not only a performer. Mr. Gordon has appeared in films such as the PBS special documentary *Swingin' with the Duke* and Ken Burns' documentary series, *Jazz*. He was commissioned to compose a new score for the classic 1925 film *Body and Soul*. He is also a passionate educator, serving on the Jazz Studies faculty of Michigan State University and The Juilliard School.

www.wycliffegordon.com

RICHARD MORRIS, organ

Sunday, January 30 at 3 p.m.
Richard Morris, one of the most successful and consistently entertaining organists today, celebrates his tenth year as

Organist-in-Residence at Spivey Hall. He began his career as an organist in 1973, largely through the influence of the late Emilie Spivey and Virgil Fox. For more than 25 years, Mr. Morris has maintained a rigorous touring schedule, including a rare solo organ recital at Carnegie Hall. ■

Business, cont'd from p. 5

"It isn't every seafood vendor that wants to take on such a huge responsibility, but this has proven to be a niche market for SouthSide Seafood Company."

It is this attitude that has contributed to SouthSide Seafood Company's success and the Small Business of the Year award, but beyond that, SouthSide Seafood Company is committed to making their local community a better place to live and prosper. Community involvement is important for many reasons, and for Lee, who was born and raised in Clayton County, that means caring about the direction the county is going. In return, the local community has shown their support, contributing to 17 years of success and continual growth for SouthSide Seafood Company.

"The community believes in us," says Lee. "They believe that SouthSide Seafood company is not only a great place to buy fish, but it is a partner in their community that is committed to making this a great place to live, to work, to obtain an education, and a great place to raise a family. Clayton County is a place where opportunity and possibilities still exist for those that have a dream."

Lee has made a personal commitment to his community through serving on various boards and organizations including the Clayton College & State University Foundation and the University Affairs Council. He is also an advisory board member for the Clayton County Aging Program, and a member of the Clayton County Chamber of Commerce International Promotions Council. He was appointed to serve as a member of the

Clayton County Olympic Advisory board during the 1996 U.S. Summer Olympic Games, and received honorary membership into the International Honor Society in Business, Management, and Administration, Sigma Beta Delta, in recognition of his distinction in business, management, and administration in 2003. Lee also maintains long-standing membership in Rotary International.

Lee was born, raised, and educated in the Clayton County public school system. He and his staff have completed several continuing education courses at Clayton State, including courses in the Small Business Development Center. Lee has been a faithful supporter of Clayton State, developing

Business, cont'd, p. 7

Clayton State Welcomes New Financial Aid Staff

by Lauren Baker, University Relations

Clayton State welcomes Financial Aid Representative Tonya Jones (Jonesboro) and Financial Aid Counselor Treva Reeves (Hampton) to the Office of Financial Aid.

Formerly on the financial aid staff at Spelman College, Jones will play a major role in helping students understand the financial aid system. From answering general questions pertaining to financial aid, to using knowledge of Banner to help the office manage Clayton State's growing student population, Jones' expertise will benefit both the individual student and University as a whole.

Jones holds an A.S. in Social Work from Atlanta Metropolitan College. Her interests include reading and roller-blading. She is married to Kenyatta Jones and has a 10 year old son, Cameron.

Formerly on the financial aid staff at Gordon College, Reeves will be instrumental in evaluating students for and advising students in financial aid. From speaking with students and their parents about the financial aid process, to informing students of available tuition assistance opportunities, Reeves will not only work to ensure that all Clayton State students are aware of their financial aid options, but will also counsel students on maintaining their loans and scholarships.

Reeves holds an A.A in Psychology/Criminal Justice from Gordon College, and is currently pursuing a B.A. in Criminal Justice from Clayton State. Her interests include reading and fishing, as well as politics and the United States legal system. She is married, has three grown sons, and a two year old granddaughter.

For more information about the new staff in Clayton State's Office of Financial Aid, or to learn more about financial aid opportunities at the University, call Financial Aid at (770) 961-3511. ■

Clayton State to Host Third Annual Freedom Run Jan. 17

In conjunction with the Martin Luther King Holiday, and the University's annual Martin Luther King Commemorative Event, Clayton College & State University will be hosting the Third Annual Freedom Run on Monday, Jan. 17, 2005.

Sponsored by Southlake Kiwanis, this year's Freedom Run will add a 10K race to the previously-held 5K race. Both events will start at 9 a.m. on the Clayton State campus. The course – one loop for the 5K, and two loops for the 10K – will start and finish on the Clayton State campus and will include the surrounding neighborhoods within the cities of Morrow and Lake City. Race-day registration will begin at 7:30 a.m.

Registration costs for each race are \$15 per person, and individuals who register prior to race day will receive a long-sleeve T-shirt. A "no T-shirt" registration for \$10 is also available, as is a \$35 Family (three or more individuals) Rate, which includes a shirt for each family member. On-line registration is also available at www.active.com. Award for the races, which will go on rain, shine, or snow, will include overall, Master's and age group awards for men and women. Prize drawings will also be held after the races.

The Freedom Run is the first event in the 2005 Clayton State two-week long celebration of the life and work of Dr. Martin Luther King. Keynote events will be held on the evenings of Tuesday, Jan. 18 and Thursday, Jan. 20, and a Campus Dialogue will be held the afternoon of Thursday, Jan. 27. In addition, a student forum will be held at noon on Jan. 20.

Additional race sponsors include; Waffle House, Martin Burks Chevrolet, Run Georgia, State Farm Insurance, Heritage Bank, Road ID, Arbonne International, Royal Cup and Georgia Power.

For more information on the Freedom Run, contact Lisa Sewell at (770) 968-1623. ■

Business, cont'd from p. 6

a strong bond with the University and its mission.

Lee says he was particularly impressed with the process the Chamber used to determine the winner of this year's award. For the second year in a row, students from the Clayton State School of Business teamed up with the Chamber of Commerce to evaluate the four businesses nominated. Students were divided into four teams to interview and evaluate the businesses, ranking them based on a number of criteria including sales, employee benefits, customer satisfaction, safety, and community involvement.

"A team of six students interviewed us at SouthSide Seafood," says Lee. "It was a very professional interview. The questions

were hard-hitting and not evasive at all. After the interview, the students said they were going to go back and 'sell' their class and the Chamber on SouthSide Seafood."

When asked why he thought the students were so impressed with SouthSide Seafood, Lee said, "Perhaps it was their observation that SouthSide Seafood Company and its employees are the 'real deal.' It is the goal of our company to make each customer feel as if they are the most important customer in the world and to have the customer leave our door knowing they have purchased the finest quality seafood available at a fair price.

"Our company, being privately held and family operated, still possess the flavor and culture of conducting business the way business 'used' to be conducted; reminiscent of

days gone by when your mother purchased her family's meats from 'Charlie' the local butcher. She knew 'Charlie' and trusted him to provide her family with only the freshest of product. The students observed that this is the trust SouthSide Seafood Company has earned with the local community."

"I would like the community to know that the employees of SouthSide Seafood Company are honored to receive this award and that this is actually an award bestowed on us by the community," continues Lee. "I would like to communicate to other small businesses the rewards both personally and professionally they gain by becoming an active partner with their local community. It is great when you can have fun with your business, help others and yes, make a profit." ■

Baseball Book Signing Set for Jan. 25

It's baseball like you've never seen it before.

Do you like baseball but...

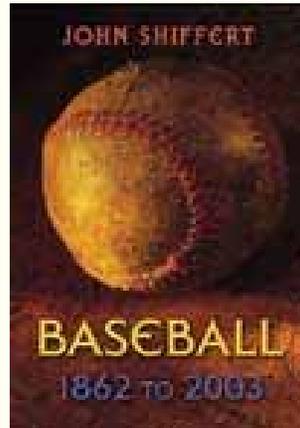
You find baseball's past dull? Too many old stories about old people, old teams and old events that don't mean anything to you?

You find baseball's present frustrating? Too many teams, too many relievers, too many drugs, too long games?

You find modern baseball statistics confusing? What's an OPS? An Adjusted ERA? The Black Ink Test? The Favorite Toy? IP? ID? A Partridge in a Pear Tree?

Then read *Baseball: 1862 to 2003*... now available at the Clayton State University Bookstore.

Written by Clayton College & State University Director of University Relations (and baseball historian) John Shiffert as the 2003



season progressed, *Baseball: 1862 to 2003* brings baseball alive by enlivening the past, lightening up the present and explaining OPS, Adjusted ERA and other surprisingly simple measurements for judging both pitching and hitting skills. It's a history book, a review of the present game and players, and a simple stats book, all rolled into one. A book signing and Hot Stove League chat session with Shiffert is planned for the University Bookstore for Jan. 25, 2005.

Something new in baseball books, *Baseball: 1862 to 2003* combines baseball's past with baseball's present... comparing events and players from as far back as 1862 with the events of the 2003 season,

and using just enough statistics (with explanations) to illuminate those events and players. *Baseball: 1862 to 2003* brings alive the past in a unique way, by reminding us that there's nothing new under the sun, at least, not as far as baseball goes. ■

Across the Campus...cont'd.

Six members of Clayton State's Delta Epsilon Chi (DEX) association participated in last Saturday's Rainbow House Telethon at Southern Regional Hospital. "Some of our members helped get the kids ready for the live TV broadcast, others helped set up the stage," says Dr. Russell Casey, Clayton State assistant professor of Technical Studies and advisor to the University's DEX association, who helped set up the event. Clayton State students taking part in the telethon were Jerome Hawk, Shaun Washington, Shawana Willis, Van Dunn, Nyi Brown and Wantina Marshall. Among the event's other volunteers was the mayor of Riverdale, Phaedra Graham.

Small Business Development Center

Clayton College & State University Small Business Development Center (SBDC) Director Cecil McDaniel recently prepared and delivered two presentations to local organizations. The first was a two-part presentation to a group of 100 business owners in the landscaping field. McDaniel then presented sessions at the Clayton County Public Schools Work-Based Learning Success

Seminar. Students from area high schools attended this workshop on "The Personal Traits of Entrepreneurs – What It Takes To Succeed In Your Own Business."

Staff Council

Jenny Godby was the winner of the \$50 grocery certificate in the Laker Angel Fundraiser Winner.

Tom Voravong in Human Resources is the winner of the Staff Council's Professional Development Committee Fundraiser Raffle... a \$20 Cookiegram Gift Certificate and Pelican Cookie Jar. The raffle raised \$182.00 thanks to your support. Look for refreshments at the next PDC seminar.

University Bookstore

The University Bookstore is having Holiday Special sale through Dec. 23. Clayton State merchandise... Samsonite and Jansport bags... all 20 percent off. But, quantities are limited. So hie yourself to the University Center while there's still time!

University Relations

Please join community leaders for the 2005 South Metro Walk America Campaign Kick-off Breakfast, Feb. 3 at Southern Regional Medical Center. This year's March of Dimes South Metro Walk America will be held Saturday, Apr. 30 at Starr Park in Forest Park. Please feel free to contact Maria Kulma, South Metro Revenue Chair at (770) 991-8476 or Heather Scheftel, Walk America Coordinator at (404) 350-9800, ext. 207 for more information on how you can participate.



Clayton State to Hold Personal Trainer Workshop, Feb. 11-13

by Lauren Baker, University Relations

Looking to improve your health and the health of loved ones? Become a certified personal trainer. Clayton State will offer a three-day personal trainer workshop Feb. 11 through Feb. 13 in University Center room 272.

Coordinated by Clayton State's Dr. Melanie Poudevigne, the workshop will prepare attendees to receive the newest personal trainer certification from the American College of Sports Medicine (ACSM) (www.acsm.org).

"This workshop offers a solid introduction to the field of exercise science," says Poudevigne. "It not only provides broad instruction on why exercise is necessary in daily activities, but it also gives specific information about the components of fitness and a basic understanding of nutrition."

Offering a sneak peak into the workshop curriculum, Poudevigne identifies several fitness components that the workshop will address: cardiovascular fitness, flexibility, resistance training, body composition, and behavior change modification tips for a long-term goal of wellness.

Understanding these fitness components may be an important part of the physical training profession, but, as Poudevigne points out, everyone should know the basics about getting healthy and staying healthy. To make sure everyone leaves the workshop with better health habits, the course will offer a nutrition session on understanding food labels and will teach specific methods for assessing the body's composition.

"Most people who attend these workshops are interested in improving their health first before becoming a personal trainer for others," Poudevigne says. In fact, many attendees want to know

how to use principles of exercise science in their own lives, she adds.

To register for the three-day workshop, contact ACSM at http://www.vue.com/acsm/archive/2004_12_01_workshops.html, or call their toll free number, 1-888-VUE-ACSM. Workshop costs range from \$359 to attend all three sessions to \$129 for a one day ticket. One day tickets are available only for those who are already certified or educated in exercise science.



While the Clayton State workshop provides the groundwork for certification, attendees must take the ACSM exam at a Pearson vue computerized testing center to receive certification and earn a current CPR license for adults. Full details on becoming ACSM certified and retaining ACSM certification will be explained during the workshop.

Poudevigne, originally from Evreux, France, serves as an assistant professor at Clayton State and as program coordinator in the University's Health/Fitness Management program. She began her career in fitness working with athletes, and is now a consultant for ACSM.

Poudevigne holds a Ph.D. in Exercise Psychology from the University of Georgia (2004), a Master's in Exercise Physiology from the University of Marseille in France (2000), a B.S. in Coaching & Motor Performance from the University of Paris (1999), and an A.S. in Physical Education, also from the University of Paris (1997).

For more information regarding the personal trainer certification, visit www.acsm.com. To learn more about Clayton State's Health/Fitness Management program, call Poudevigne at (770) 960-2095 or e-mail MelaniePoudevigne@mail.clayton.edu. ■

SACS, from p. 2

Define the terms student learning, performance, engagement and success. 2) Provide qualitative and quantitative means to assess learning outcomes. 3) Link the program learning outcomes to the QEP.

"The SACS on-site team was impressed with Clayton State, and particularly noted seven strengths," says Harden. "These strengths were: the campus was aware of the QEP; we will have funds to support the QEP; there was enthusiasm for the QEP; there was commitment from the administration and faculty; we were open to new strategies and interventions; we had already made efforts to redefine the University to a culture of learning; and, we are a forward-looking University." ■

Do you receive *Campus Review* in the mail and would rather access the newsletter on-line?

Send your e-mail address to johnshiffert@mail.clayton.edu to receive e-mail notification for each issue of *Campus Review*.

To read past and present issues, visit <http://about.clayton.edu>.

Get in Shape for the Holidays at SmartBodies Fitness & Wellness Center

by Lauren Baker, University Relations

SmartBodies Fitness & Wellness Center, part of Clayton State's School of Health Sciences, invites the campus community to become fit and healthy in 2005.

"A lot of people make fitness a New Year's resolution, but don't follow through with the commitment," says SmartBodies Director and Assistant Professor at Clayton State Cindy Lauer. "Becoming active on a daily basis even before the holidays arrive can help keep the holiday calories in check." SmartBodies invites the local community and campus community to join SmartBodies now and beat the January rush.

SmartBodies offers a comfortable atmosphere with the all the essential cardio and weight machines necessary to help its members reach their fitness goals. New members must complete a fitness assessment to establish a baseline level of fitness. Following the assessment, the SmartBodies Fitness Instructors develop an individualized 30-minute training program to help each member get started on the right track for fitness success.

While large fitness corporations often overwhelm clients with amenities and equipment options, the degreed staff at SmartBodies knows the key to healthy exercise isn't the bells and whistles. According to Lauer, professional guidance and realistic goals coupled with personal consistency and patience spells success.

"We have what people need to get to better health," says Lauer. SmartBodies offers physical training, nutritional and weight management counseling, post-rehabilitation fitness therapy, massage therapy, and personalized coaching for walkers and runners. "SmartBodies takes health seriously and we enjoy educating people about their health," Lauer says.

SmartBodies membership packages for employees vary from \$17 per month for those who want to pursue fitness on a per month basis to \$115 for a full year's membership. Want to invest in the fitness of a loved one? Give the gift of health with a SmartBodies gift certificate this holiday season. Whether it's a massage therapy gift card or

SmartBodies membership, SmartBodies can make a positive impact in a friend or family member's physical fitness.

"Get yourself or someone you love into a fitness routine," says Lauer, "You can't buy health, but with consistent exercise, patience, and professional guidance, SmartBodies can improve your level of fitness and quality of life."

If you are considering joining SmartBodies in January, get your assessment NOW so that when January hits, you will be ready to go! Beat the rush of students that will hit our doorstep beginning the first week in January! SmartBodies is open through Dec. 23. An assessment costs employees only \$30. To schedule your appointment, or to learn more about SmartBodies, call (770) 961-3408 or visit <http://healthsci.clayton.edu/smartbodies/default.htm>. ■

Fall Graduation, from p. 1

away for a while. Pull the covers over your head and sleep in a few mornings. You've earned it," May said in his conclusion. "Then begin a systematic process of building on the foundation of your excellent Clayton State education. I know you can do it. You have to do it. Continuous learning is not an option." ■

Congratulations



Sports Page

Women's Basketball Improves to 6-2

An impressive road win on Dec. 3 over previously undefeated Mars Hill College marked the Clayton State women's basketball team's biggest win of the young season. The Lakers edged Mars Hill 61-56, thanks in part to a key three-pointer by Basia Bukowska with 42 seconds left. Seniors April Taylor (16 points, 16 rebounds) and Jamika Hindsman (17 points, six assists) led the Lakers.

The next day, the Lakers came back to Morrow and won the second half of a back-to-back set, blowing out North Alabama 71-47. Hindsman (14 points), Taylor (12 points, 11 rebounds) and Jasmine Patterson (also 10 points and 11 rebounds) led the way as Clayton State raised its record to 6-2.

Following a second tight loss to North Carolina Central (the first game was 59-58, the second 64-61), the men's basketball team (3-7) lost two close games to undefeated West Georgia, 81-78 in overtime and 76-69. ■



Clayton State to Field Indoor Track Teams

by Gid Rowell, Sports Information

Coming off its most productive year in track & field, Clayton State will add indoor track beginning in 2005. The Lakers will have a minimal schedule of four dates in their first season, not counting the NCAA championship meet that will be held in mid-March in Boston. The first meet is scheduled for Jan. 22 when both squads will compete at the Clemson Indoor Invitational.



The 2004 outdoor season saw Clayton State set a combined 18 school records while the men's team sent five individuals to its first national meet and came away with four of them earning All-American honors in the 1600m relay. Since 2002, the Laker track program has had five All-Americans. The Clayton State running program gained a sixth All-American last month at the NCAA Division II National Cross Country Championships in freshman Allison Kreutzer's second place finish.

"I believe that this is a natural, yet necessary addition as our program steadily grows," says Laker Head Coach Mike Mead. "Our sprinters and throwers need indoor to get them ready for outdoors. The distance folks have cross country, but the others only have outdoors to prepare themselves. Besides, the outdoor season can get a little long. This will allow us to be more balanced and get our folks better prepared to run better, earlier during the outdoor segment."

With three of last season's All-Americans in senior Carlos Guyton, junior Brian Etelman and sophomore Eric Simmons back this season, Mead believes that Clayton State can have representation at indoor nationals in 2005. ■

Trivia Time

All Hail Jean Myers

by John Shiffert, University Relations

And the winner of the Fourth Annual Trivia Time Championship is... Jean Myers.

Despite a strong finish by runner-up Dr. Kurt-Alexander Zeller, Myers takes this year's title with 36 Trivia points, seven better than Zeller. Next came two alumni, Dina Swearngin (16) and Kevin Dixon (15), plus Todd Birchfield (15). Myers joins previous winners Lou Brackett (2001), former Alumni Association President Terry Penn and Brackett (a tie in 2002) and Tom Eddins (2003). In case you're keeping score, Eddins holds the single year point total record with a whopping 62.

How did Myers do it?

"I remember weird stuff, but I lose my car in the supermarket parking lot," she says with a laugh. "It's been fun, and we've had a broad range of questions."

Myers also notes that trivia expertise runs in her family. Both of her sons went to high school in Germany and they were both champions of a trivia game called the Brain Bowl. Myers also says her one son claims to have the mind of a sponge... but, the other son says he actually has the mind of a primitive sea creature. Fair enough.

To re-cap this year's final question... if the band you're in starts playing different tunes, I'll see you on the dark side of the moon... at least, according to the album with the longest run as a "best-seller," Pink Floyd's Dark Side of the Moon. Director of Disability Services Dr. Elaine Manglitz, clearly an individual with a wide range of interests, had the first correct answer, followed by Pink Floyd fan and alumna Sherrie Eoff. The ubiquitous Zeller was third with, as has often been the case, the best answer, "If the band you're in starts playing different tunes, either you missed a rehearsal or you got on the wrong tour bus and ended up on the dark side of the moon..."

We'll return in 2005 with more questions, some of which even Myers and Zeller won't be able to answer.

Sports Page

Four Named Soccer All-Americans

For the first time in school history, the Clayton State has multiple NCAA Division II Soccer All-Americans... four in all!

First, the women's soccer duo of Nkiru Okosieme and Olaitan Yusuf were respectively selected third and second team All-Americans. Okosieme and Yusuf received the honor from the National Soccer Coaches Association of America and become the first All-Americans in the 10-year history of the women's soccer program.

Then, Clayton State juniors Alex Dowling and Juan Trujillo were both named to the National Soccer Coaches Association of America All-America third team for D II.

Yusuf, a freshman from from Ilborin, Nigeria, led the nation in scoring with 35 goals on the season, breaking the Peach Belt Conference (PBC) single season record set by Okosieme in 2001. Yusuf also led the country in points per game at 3.70 per contest. She had multiple goals in 11 matches this season, including a school record five goals against the University of South Carolina Aiken. She was named PBC Player of the Week twice this season.

Okosieme, a senior from Onitsha, Nigeria, is the all-time leading scorer in the Peach Belt Conference with 64 goals in three seasons of play. She is a three-time NCAA All-South-

east Region performer, a three-time All-PBC player and a three-time All-PBC Tournament player. Okosieme finished the current season ranked among the nation's leaders in points per game and in goals scored with 17 goals and 10 assists on the season.

The nation's second leading scorer in 2001, when she set a PBC single season record with 33 goals, Okosieme received the 2002 Lady Laker Award given to top female athlete in Clayton State program based on athletic and academic achievement. A two-time Peach Belt Presidential Honor Roll recipient, she had 22 multi-goal games out of 55 games in her career. She played in the 2003 World Cup for her native land of Nigeria, her fourth World Cup competition.

The two All-Americans led the Lakers to a school best 13-6-1 record, the program's first appearance in the NCAA Division II National Soccer Championships and to a runner-up finish in the 2004 Peach Belt Conference Tournament.

Dowling, from Johannesburg, South Africa, led the Clayton State defense to a .71 goals against average this season, which ranked 11th in the country and best in the Peach Belt. The Clayton State defense allowed only 15 goals on the year. Dowling, who has been selected as next season's captain,

helped lead the Lakers to eight shutouts on the year from his defensive position.

Trujillo, from Atlanta, led the squad in scoring with 10 goals and three assists on the year, sixth best in the conference. He scored four game-winning goals on the year, including the game winner against nationally-ranked the University of South Carolina Upstate.

Clayton State finished the 2004 season with a 12-4-4 record and advanced for the first time in school history to the "Sweet Sixteen" of the NCAA Division II National Soccer Championships. The Lakers advanced to the Southeast Regional final after a dramatic penalty kick shootout with Queens University in the first round of the NCAA tournament. ■

Campus Review
December 20, 2004

Editor: John Shiffert

Writers: Lauren Baker
Leigh Duncan
Gina Finocchiaro

Layout: Lauren Baker

